

Screenfact

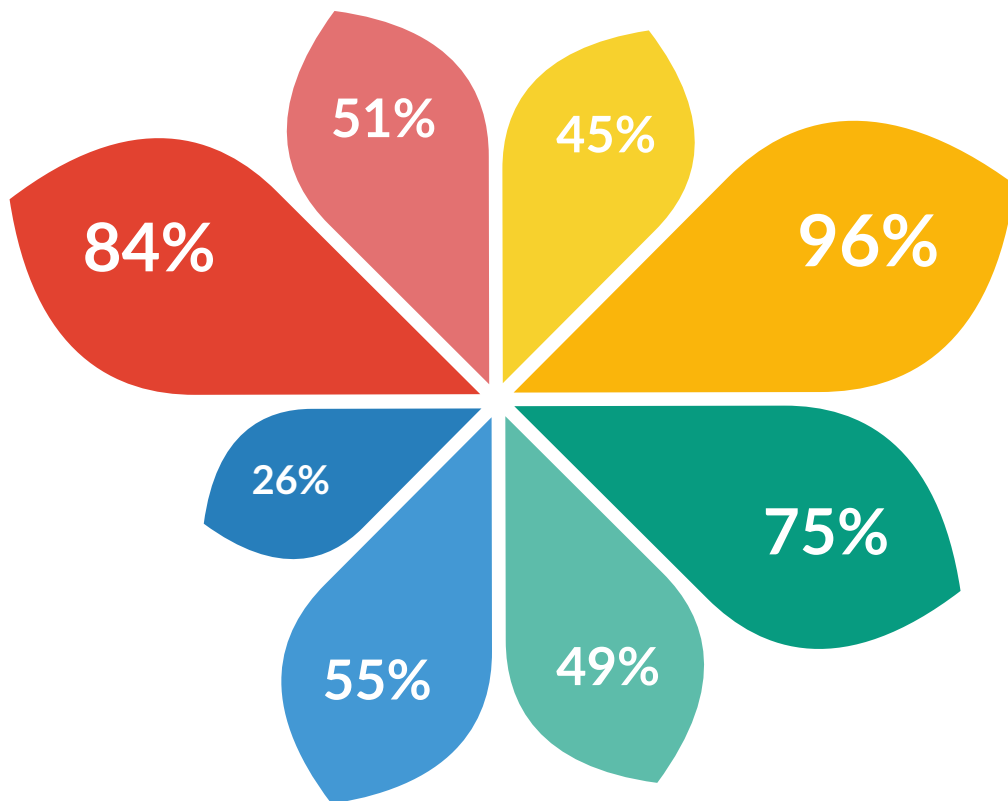
Your Personal Style

Jane Doe – created on December 13, 2022

Your personal style

Screenfact uses the results of a visual assessment procedure to generate an image of your current personal style. It measures eight different personality traits which, taken together, describe your unique style. Although it is usually relatively stable, your style can change over time and/or as a result of a systematic personality development. Screenfact highlights the extent to which each individual aspect of your personal style stands out

from the others. A value of 50% points to a medium level of expression of a particular personality trait. Values between 70% and 100% imply a strong to very strong expression, while values between 30% and 0% denote a weak to very weak expression of the respective trait. Each individual value is rendered as a petal that ultimately forms the image of a flower depicting your unique personal style.



What makes you stand out

Knowing our own strengths and what motivates us helps us live in harmony with our own needs. This knowledge allows us to leverage our own potential and seek those goals and tasks that correspond to our personality. And that's what this site is designed to do:

To point you toward your top six core competencies and highlight your strengths. Knowing what motivates you will help you seek out the right situations so that you can apply and develop your strengths through them.

Your core competencies



Endurance

Pursues long-term goals while keeping a patient eye on achieving goals



Imagination

Able to look at facts from different perspectives and move on beyond the more conventional ways of looking at things



Idealism

Sees the world and people as they could be, not necessarily as how they are



Openness

Takes an artistic and unconventional approach to things and is open to new ideas



Tolerance

Accepts other people, customs and attitudes as they are and is able to engage with them, even if they conflict with one's own customs and attitudes



Independence

Thinks, feels and acts freely and is not significantly influenced by others

Your strengths

- You are original, innovative and have a wealth of ideas.
- You recognize problems and difficulties long before they occur.
- You have a complex picture of what is going on, but can also perceive very subtle signals.
- Linking your conscious and unconscious parts is one source of your creativity.

What motivates you

- Authenticity, inner conviction and the realization of your ideals are important to you.
- You need an environment in which you can shape and act on your own values and ideas.
- You prefer a pleasant and collaborative working atmosphere with personal flair.
- A good and organized environment is very motivating for you, as you can focus on what's most important.

Your learning areas

When it comes to personal and professional development, targeted knowledge acquisition should be placed on par with practical experience. Individual preferences with regard to learning new content and acquiring new information play a key role here. Some people prefer to read theoretical papers while others like to attend seminars – individual learning strategies vary widely. The content presented here has been adapted to

your specific needs and individual learning strategy. Each area of self-development and competency identified here points to the potential that you hold. Our task is to show you how to develop these learning areas with the help of practical input. This should make it even easier for you to learn new things and integrate each new piece of knowledge and information into your everyday life.

What to develop

- Examine those situations in which you are prone to an over-developed sense of responsibility, guilt and perfectionism.
- Express yourself more forcibly, even if this makes you nervous. Try to be less reserved now and then.
- Pay attention to your desire for harmony and practice saying “no” at times.
- Find space and time for yourself. Carve out this free time as a period when you can think, develop and do.

Matching development input

- You are learning how to ensure a clear allocation of tasks within your team and how to formulate concrete goals.
- Work on posing critical questions and drawing the right conclusions.
- Train your argumentation skills by learning how to use your facial expressions, gestures and voice effectively.
- Be prepared and well-organized when conducting important meetings; debrief with clarity.

Competencies to develop



Pragmatism

Pays attention to the fact that ideas can actually be implemented and accepts compromise if necessary



Realism

Sees people, facts and things as they are and looks behind the facade they may present



Critical thinking

The ability to break down issues and challenges into their constituent parts and identify root causes



Originality

Cultivates and effectively expresses one's own ideas



Composure

Remains calm, even when things get stressful and difficult



Objectivity

Able to see things as they are and remain calm even when things get difficult

How you learn best

- You prefer to focus on a few tasks at once and without interruption.
- You need to see the deeper meaning and relevance of what you are learning.
- You do best with an integrative, slow learning style, with an alternating, creative variety of learning methods, from reading to discussion to movement.
- You learn well by referring to models and prototypes, and can use examples as a guide.

